



Walkers and runners are invited to participate in our 5th Annual

## Neighbor Helping Neighbor Walk/5K Fun Run

A Fundraiser for Doorstep, Inc.

**Location:** Lake Shawnee Shelter Houses 1 & 2, West Edge Road

**Date:** Sunday, October 2, 2022

**Check-In & Late Registration:** 1:00PM to 1:45PM (Shelter #2)

**Time:** One Mile Walk & 5K Fun Run to begin at 2:00PM

**Celebrity Starter for the Walk/Run is:**

Chris Fisher ~ WIBW-TV

We are planning to have an "in-person" event this year! Plan to join us at the Lake!

Snacks & drinks will be provided at the finish of the Walk/5K Fun Run in Shelter House #1

Enjoy ~ Cookies, granola bars, fresh fruit, juice, and water

**One Mile Walk/5K Fun Run Registration is Due by September 13, 2022  
to Guarantee an event t-shirt!**

**Late & Event Day Registrations Accepted. (T-shirt not guaranteed)**

The registration cost is \$30 for individuals or pledges (\$30 minimum).

One registered child age 10 & under can walk for FREE with a paid adult. (T-shirt extra)

T-shirt included with \$30 registration fee or on total pledges of \$100+. Registrations received after September 13th cannot be guaranteed a t-shirt.

Go to [www.DoorstepTopeka.org](http://www.DoorstepTopeka.org) (under the Events Tab) to register online or for registration/sponsor forms.



Thank you to our sponsors:





**LUTHER PLACE**  
APARTMENT HOMES

Topeka Lutheran Home Association invites us to an open house on Sunday, September 18, beginning at 12 noon at Martin Creek apartment building in the Community Room 4950 SW Huntoon (directly behind Luther Place apartments).

A light lunch will be provided followed by a very short presentation of the four year restructuring/remodeling project.

Following that there will be short tours of units in both Luther Place and Martin Creek.

Please join us for a brief review of a tremendous ministry of Trinity and First Lutheran.

For more information, contact any Trinity board member: Debbie Pomeroy, Carol Marker, Marilyn Heckman, Diane Bottorff, Dean McGinnis, David McGinnis, There will be no coffee hour at Trinity on September 18.

Hello All,

Doorstep has some empty bins on our hygiene shelves. We cannot put together a complete hygiene kit to give out to our clients when requested.

- We need full-sized bottles of shampoo and conditioner.
- We need deodorant – men's, women's, scent neutral
- We could also use more toothpaste, hair brushes and combs.



On average we give out an average of 50-75 hygiene kits each month, depending on the time of year. We really need these items NOW, if you have help out!!

We are also out of hand can openers for our homeless neighbors.

I've been told that Dillon's have 10 for \$10 shampoo and conditioner right now, possibly as a digital download coupon. Women's deodorants are on sale, and toothpaste!

If you can help out, please bring donations to Doorstep, 1119 SW 10<sup>th</sup> from 9am – 2pm, south door.

At this time of year especially people are requesting hygiene items more often, please help where you can!