



Walkers & Runners are invited to participate in our 7th Annual

# Neighbor Helping Neighbor Walk/5K Fun Run

A Fundraiser for Doorstep, Inc.

**Location:** Lake Shawnee Shelter Houses 1 & 2, West Edge Road

**Date:** Saturday, October 12, 2024

**Check-In & Late Registration:** 8:30AM to 9:15AM

**Time:** One Mile Walk & 5K Fun Run to begin at 9:30AM

**Celebrity Starter for the Walk/Run is:**

**Chris Fisher ~ WIBW-TV**

Plan to join us at Lake Shawnee for fun & fellowship, raising funds for Doorstep!

Snacks & drinks will be provided at the finish of the Walk/5K Fun Run in Shelter House #1

Enjoy ~ Bagels, granola bars, fresh fruit, juice, coffee, & water

**One Mile Walk/5K Fun Run Registration is Due by September 18, 2024 to Guarantee an event t-shirt!**

**Late & Event Day Registrations Accepted. (T-shirt not guaranteed)**

Registration is \$30 for individuals or pledges (\$30 minimum).

One registered child age 10 & under may walk for FREE with a paid adult. (T-shirt extra)

T-shirt included with \$30 registration fee or on total pledges of \$100+. Registrations received after September 18th cannot be guaranteed a t-shirt.

Go to [www.DoorstepTopeka.org](http://www.DoorstepTopeka.org) (under the Events Tab) to register online or for registration/sponsor forms.

**Thank you to our sponsors:**



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**Current Doorstep Needs ~ September 2024**

**Clothing Room Needs:** (Gently Used, Not New)

- Men's Underwear & Belts ~ All Sizes**
- Men's Jeans & Shoes**
- Men's Shirts Size Small – Button Up / Knit Collared**
- Kids & Teens (Boys & Girls) - Jeans ~ All Sizes**
- Bed Pillows ~ Clean**
- Sheet Sets ~ Queen & King**
- Blankets & Comforters ~ All Sizes**
- Toasters, Blenders, Hand Can Openers & Silverware**
- Diapers ~ Sizes 5 & 6**
- Baby Wipes ~ Individual Packages**
- Rolling Suitcases**

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**Food Room Needs**

- |                                |                               |
|--------------------------------|-------------------------------|
| Peanut Butter (not large jars) | Progresso & Chunky Soups      |
| Tuna                           | Canned Vegetables ~ All Types |
| Canned Beans                   | Canned Tomatoes               |
| Pinto, Black                   | Corn, Peas, Carrots           |
| Chili, Etc.                    | Green Beans, Mixed, Etc.      |

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**Health Kit Items Needed for Christmas Families:** (260 Kits Total)

We would like to put the kits together in November and we are starting from scratch on supplies this year! We need the following full size personal hygiene items:

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|--------------------------------|--|
| Shampoo + Conditioner (2 in 1) | Bar Soap                                 |
| Shampoo and Conditioner        | Body Wash                                |
| Toothpaste                     | Deodorant                                |
| Brushes & Combs                | Toothbrushes (individual or small packs) |
| Bath Towels (New)              | Hand Towels & Washcloths (New)           |